



### **Supportive Housing Program**

Listed below are the services offered by the Centre, fully funded by the Ministry of Health, for those who need assistance.

- Medication Supervision
- Personal Care
- Light Housekeeping
- Laundry
- Shopping
- 24/7 Emergency Response



### **Apartments**

Accommodations range from single bedroom, single bedroom plus den and two bedroom apartments.

Rent geared to income or market rent are available.

Some apartments feature a balcony.

Self contained apartments include:

Fridge

Stove with safe "T" Elements

Remote door openers

Individually controlled heat

Safety grab bars in the bathroom

Heat and Smoke Detectors

Storage Space

Multiple Telephone and Cable Hook ups

*For more information*

*or*

*to book a tour*

**Call: (705) 749—0757**

**Between the hours of 12:30—4:00 PM**

**Monday—Friday**

**Email: [sjcoffice@bellnet.ca](mailto:sjcoffice@bellnet.ca)**

**Website: [www.stjohnscentre.net](http://www.stjohnscentre.net)**



440 Water Street  
Peterborough, ON  
K9H 7K6

**Independent and Affordable  
Retirement Living with  
Support Services**

*"We look forward to meeting you"*

## WHO WE ARE

St. John's Retirement Homes Inc., commonly known as "St. John's Centre", is a non-profit organization that provides affordable housing and support services to seniors age 65 and over.

The Centre has 102 self contained apartments located in downtown Peterborough at the corner of Water and Brock Streets, across from Victoria Park and close to shops and amenities.



## OUR MISSION

To address the needs of the elderly through the provision of independent living accommodations and support services.

## OUR VISION

To provide affordable retirement living and assist seniors to maintain an independent and healthy life style.

## UNIQUE FEATURES OF THE CENTRE

Onsite amenities include:

Patio  
Hair Salon  
Tuck/Gift Shop  
Dining Room  
Seamstress



Our large patio conveniently located at the rear of the building offers outdoor enjoyment.

Another unique characteristic of the Centre is it's built-in passageway that links it to the St. John's Anglican Church.

The Centre is also fully accessible with elevators and automatic main doors as well as remote access to all units and exterior doors.

Laundry facilities and garbage room are located on each floor.

## DINING ROOM

Our meal plan consists of balanced diets and good nutrition. Our qualified chefs can accommodate special diets. Serving both lunch and dinner daily the dining room offers a welcoming and pleasant atmosphere. Two entrée choices are offered at every meal.

We welcome and encourage friends and family to come for a great meal at a great price.



## Menu Samples

### Lunch

Cauliflower Tomato Soup  
Broccoli and Cheese Soufflé

Or

Chicken Caesar Salad with Garlic Bread  
Chocolate Swirl Cake  
Or Fresh in Season Fruit

### Dinner

BBQ Spare Ribs

Or

Salmon Fillet with Creamy Dill Sauce  
Rice Pilaf OR baked Potato  
Mixed Vegetables OR Cole Slaw  
Cherry Cheesecake OR Chocolate Mousse